

Hamilton County
Health Department

E. 3RD STREET

PALMETTO STREET



Parking
Lot

**Kennedy
Outpatient
Center**

HAMPTON STREET

E. 4TH STREET



The Kennedy Outpatient Center entrance and parking is located off of Palmetto Street. Free, street level parking is available to the right once you enter the parking lot.

Complimentary valet parking is available from 6 AM - 4 PM.

Vending machines are located on the ground floor of the Kennedy Outpatient Center.



MRI & Outpatient Procedure Center
Kennedy Outpatient Center
900 E. 3rd Street
Chattanooga, TN 37403
childrensaterlanger.org/surgery



Important Phone Numbers:

Department of Surgery Child Life Specialist | 423-778-2154

Department of Surgery Fax | 423-778-6073

Department of Surgery Main Line | 423-778-2142

Pre-Admission Testing | 423-778-9864 or 423-778-9865

Pre-Registration | 423-778-5241

Surgery Pre-Op Instructions | 423-778-9865

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SURGERY

PREPARING YOUR CHILD FOR SURGERY

A Family Guide

Thank you for allowing us the opportunity to care for your child!

Preparing before your child's surgery and what to bring

The day before surgery:

- A nurse from Children's Outpatient Surgery will call you between 9 AM and 5PM with further instructions regarding your child's surgery.
- The nurse will ask you questions related to your child's medical history and will provide you with eating and drinking instructions, as well as an arrival time for the day of surgery.
- **Remember: this is your arrival time, not your child's surgery time.**

If you are not contacted before 1 PM the day before surgery, please call Children's Outpatient Surgery Department at 423-778-9865 or x9864.

The night before surgery:

- Have your child bathe or shower.
- Wash your child's hair.
- Have your child remove all nail polish, jewelry, and body piercings.
- Follow the eating and drinking instructions provided by the nurse. *Your child's surgery may be rescheduled if he/she eats or drinks after the specified times.*
- Pack all items you'll need to bring to the hospital the next day.



Pre-surgery shower instructions

To help decrease the chance of a surgical site infection, we ask that you follow these instructions to get your child's skin as germ-free as possible.

Bathing the night before surgery:

- Use regular shampoo and wash your child's hair.
- Use antibacterial soap and water to clean skin, face, and private parts.

If instructed to do so, use a soap called chlorhexidine gluconate (CHG). Read the drug information and directions on the product label. CHG can be purchased at most pharmacies.

- Do not use CHG on your child's face or head, and avoid eyes, ears, mouth, and private parts.
- If using liquid or foam, use the minimum amount to cover the skin.
- Wipe the skin with a cloth in a circular or back-and-forth motion.
- Allow to air dry. DO NOT towel off the skin.
- Make sure CHG dries. Do not leave wet spots on skin folds, it can be irritating.
- Discard used CHG cloths in the trash.
- Do not apply lotion, perfume, or powder to areas cleaned with CHG.
- Put on clean pajamas.

Rest assured, you may touch or hold your child after bathing with CHG.

DO NOT FLUSH CHG WIPES. Remember, never use CHG wipes on head, face, or private parts!

I am
BRAVE



What do I need to bring on the day of my child's surgery?

- Insurance card/information
- Valid driver's license
- A change of comfortable clothes to wear going home
- Pair of socks
- Your child's favorite security item (blanket, pacifier, etc.)
- A sippy cup or bottle from home for younger children for use after surgery.
- Bring papers of guardianship that prove you are authorized to sign for medical procedures if you are not the birth parent of the child or are in the process of adopting.
- Dental procedures require a copy of your child's medical history and physical from your child's primary care physician. This must be completed within 30 days of your child's dental procedure, and all documents must be signed by a doctor. A signature from a Nurse Practitioner or another healthcare provider is not allowed. Please bring signed copies of the history and physical to the hospital.

The Child Life Program

Child Life Specialists are trained, certified members of the healthcare team who focus on and attend to the emotional, social, and developmental needs of hospitalized children and their families. By providing developmental, educational, and therapeutic play, Child Life Specialists work to reduce the amount of stress associated with hospitalization.

How can I prepare my child for surgery?

Very young children need limited information that is carefully worded. Children ages 4 and older may benefit from a pre-surgery tour offered by the Child Life Department. Patients and their families are given the opportunity to tour and become more familiar with the staff, equipment, and environment before the day of surgery. Tours are designed to answer any questions children may have about the procedure, as well as increase parents' ability to be supportive throughout the entire surgical and recovery process.

For more information and to register for a tour, please call 423-778-2154 at least two business days before your child's surgery.