

Name _____
 Height _____ Weight _____
 Age _____ Gender _____

STOP-BANG Sleep Apnea Questionnaire

STOP		
Do you <u>SNORE</u> loudly (louder than talking or loud enough to be heard through closed doors)?	Yes	No
Do you often feel <u>TIRED</u> , fatigued, or sleepy during daytime?	Yes	No
Has anyone <u>OBSERVED</u> you stop breathing during your sleep?	Yes	No
Do you have or are you being treated for high blood <u>PRESSURE?</u>	Yes	No

BANG		
<u>BMI</u> more than 35kg/m ² ?	Yes	No
<u>AGE</u> over 50 years old?	Yes	No
<u>NECK</u> circumference greater than 16 inches (40cm)?	Yes	No
<u>GENDER:</u> Male?	Yes	No

TOTAL SCORE	
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High risk of OSA: Score 5-8

Intermediate risk of OSA: Score 3-4

Low risk of OSA: Score 0-2